

Letter from the Executive Directors

What an amazing year! I feel like I say that every year but 2023 really did top the charts as Little Sisters Fund celebrated our 25th Anniversary! Twenty-five years ago, Usha and I had a dream to provide safety and opportunity through education to at-risk girls in Nepal. While we hoped it would be life-changing for the girls we supported, we had no idea how the Little Sisters were going to change not only their lives but the lives of countless others as they use their education to give back to their schools, their communities and to other Little Sisters. We celebrated the Little Sisters and their achievements with the publication of **Breaking Barriers: 108 Little Sister Success Stories** and we couldn't be prouder of all the Little Sisters and their remarkable accomplishments. A digital version of **Breaking Barriers** can be found on our website at littlesistersfund.org.

Speaking of accomplishments, 12 LSF sponsors visited the Little Sisters and trekked in the Langtang region last November. This benefit trek raised over \$100,000 for the education of Little Sisters. That is over **444** years of lifealtering support for Little Sisters! Thank you Yala Peak LSF trekkers!

And of course, none of this would be possible without the wonderful generosity and compassionate support of **YOU**, our donors and sponsors! **Dhanyabaad! Thank You!**

-Trevor & Usha

Dental Clinics

Two Little Sister graduates – Savyata and Anju - who are now dentists, chose to give back to their LSF family by hosting free dental camps for Little Sisters. They checked the teeth of the Little Sisters and made recommendations for seeking further treatment based on the Little Sister's individual needs. They also counseled all Little Sisters on ways to maintain good oral hygiene for healthy teeth and a beautiful smile.

Savyata, a 2017 Little Sisters Fund graduate (pictured below), held a dental camp during a letter writing day in Kathmandu. Over 100 Little Sisters and family members received checkups. When Savyata was eight, a friend accidentally knocked out her front tooth. Thanks to a dentist, she was able to get an artificial tooth. Now, as a dentist, Savyata is empowered to help others in the same way she was

helped as a child.

Anju, a 2010 LSF graduate, believes, "All of Nepal's children need and deserve quality dentistry. As they say, an ounce of prevention is worth a pound of cure." Anju, who is also a Coordinating Mentor, held a dental health camp in March for the Little Sisters in Chitwan.

A Look Back at 2023

2.152 stayed safe and stayed in school thanks to LSF's scholarship programs.





Menstrual Hygiene Kits











Little Sisters Supporting Little Sisters

2023 was a great year for many graduated Little Sisters as they were able to meet the Little Sisters whose education they are now sponsoring. From left to right above, Nikita, Anupama, Babita and Shukla, are just a few of the more than 30 LSF alumni who are paying it forward by supporting all or part of the educational expenses of current Little Sisters. We are so proud of all the Little Sisters who are committed to helping the next generation of Little Sisters follow in their footsteps.

In addition to the nine Little Sister alumni who are sponsoring the full education of a current Little Sister and the four alums who are sponsoring the full education of multiple Little Sisters, 26 LSF graduates are Coordinating Mentors (CMs), each mentoring a group of 25-50 younger girls. CMs are wonderful role models that current Little Sisters can turn to for care, advice and support as they grow into empowered and educated young women. Graduated Little Sisters are also giving back to younger Little Sisters by conducting educational programs during letter writing days covering topics including dental hygiene, climate change, leadership training opportunities and navigating the world of higher education. Little Sisters supporting Little Sisters is one of our proudest accomplishments!

"One of the most meaningful things that has happened to me was being given the gift of education. I used to ponder, 'What will I do when I have a lot of money someday?" Upon receiving my first salary, my immediate desire was to help another girl like me go to school, creating a chain reaction and fostering a culture of support and empowerment. Everyone wants to build a legacy, and I discovered mine when I held my four Little Sisters in my arms this fall. Every penny was totally worth it to see those beautiful smiles." - Sapana Ohja, LSF Graduate and Little Sister Sponsor

Financial Stewardship

INCOME	
Contributions from Individuals	\$600,707
Contributions from Foundations	\$398,758
Dividends & Interest	\$ 69,483

\$1,068,948 **Total**

Individuals Foundations **Programs**

EXPENSES

Total

Management & Administration **Fundraising**

\$849,918

D&1 56% 37% "In November 2023, we spent some of the best days of our lives in Nepal. We knew the trekking experience would be

83%

Programs

10% 7%

Fund

\$709,223

\$ 83,840

\$ 56,855

M&A

phenomenal. We have heard from others how magnificent of a country Nepal is; and it was certainly that! But the best part of our trip was the day we spent with the Little Sisters. The sparkle in the eyes of the girls of all ages and the determination of the mentors and LSF staff to make this program successful was not only refreshing but also very encouraging. Thank you so much for a great day in the office and an incredible week in the mountains! " -Tanju and Tina Obut, New Little Sister Sponsors

volunteers who make our mission possible!

Thank you to our sponsors, donors and the hundreds of



